

28th May 2021

Dear Parent/Carer,

RE: PSHE / Relationship and Sex education

We believe it is important to ensure that your child has a well-rounded curriculum that provides with the knowledge and insight about their own health, the wider world and relationships. During lockdown, we have not been able to deliver the relationships element of our PSHE curriculum due to the challenges of supporting students during remote lessons and the sensitive nature of the topics.

I am writing to inform you that we will be running PSHE sessions during the week beginning the 7th June with the exception of Year 10. Year 10 sessions will run after their mock examination period and the week beginning the 5th July. The topics for each year group are as follows:

Year 7	<ul style="list-style-type: none"> • Keeping good friendships • Healthy mental health and where to seek support • Social media; how to keep safe and privatise data • The dangers of smoking and second-hand smoke
Year 8	<ul style="list-style-type: none"> • E-safety with a focus on online bullying • E-safety and the dangers of sexting • Safe sex with a focus on contraception • Safe sex with a focus on STIs
Year 8	<ul style="list-style-type: none"> • Alcohol awareness • Body image, media and eating disorders • Safe sex with a focus on contraception • The dangers of vaping
Year 10	<ul style="list-style-type: none"> • Sexuality and gender identity • Same sex relationships • Sexism and gender prejudice • Racism and racial prejudice

If you have any questions regarding the PSHE content for next half term, please contact your child's head of year who will be more than happy to discuss this with you.

Yours sincerely,



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