

Dear Parent / Carer

Prepare to Perform – Year 10

Following out recent letter to you regarding the upcoming End of Year Examinations for Year 10 that take place week commencing **Monday 14 June 2021**, we feel it is important to continue to work in partnership with you as a parent / carer and empower you with the tools to best support your child in achieving success.

These examinations are **essential** in enabling us to precisely identify any remaining gaps in your child's knowledge, skills or understanding. To this end, we have prepared a package of support for all students that we have delivered through our tutor programme. Our **Prepare to Perform** package of support at Oasis Academy Mayfield explicitly explores the following key themes:

- ✓ **Exam Anxiety** – *This session explores tools that can help you to showcase your true ability in examinations in the face of anxieties.*
- ✓ **Mindfulness** – *Positive personal health, wholesome wellbeing, a healthy diet and an active fitness regimen is essential in Preparing to Perform. An essential factor in Year 10.*
- ✓ **Raising Attainment with GCSEpod** – *Students actively using GCSEpod are found to significantly outperform their peers. This session explores how to access and use GCSEpod to raise attainment.*
- ✓ **Achieving Grades 9-7** – *Understanding how to develop effective habits and sharpen your skills can increase the likelihood of success. This session could help unlock your future.*
- ✓ **Revisiting Knowledge** – *Many students recognise the importance of revision but struggle to effectively plan their time to revisit knowledge. Prepare to Perform.*

We know that you will benefit from access to these resources to enable you to continue the threads of support we are providing in school and weaving these into the support you are giving your child at home. Therefore, we have made each of these sessions available to you via our Academy website, together with a collection of additional resources you might find helpful as part of our wider **Prepare to Perform** package. Our excellent suite of resources can be accessed here: <https://www.oasisacademymayfield.org/curriculum/year-10-and-11-revision>.

Please take the time to review these **instrumental** resources carefully together with your child and, should you have any questions, please continue to contact your child's tutor in the first instance.

Yours faithfully

Mr S Knight
Assistant Principal

Principal - Claire Taylor

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