



SAMA KARATE ORGANISATION



NON CONTACT KARATE TAUGHT BY QUALIFIED INSTRUCTORS

- NO NEED TO BOOK — JUST TURN UP
- loose comfortable clothing REQUIRED to begin with
- £5 PER CLASS — PAY AS YOU GO
- NO DIRECT DEBITS OR CONTRACT
- EVERYONE WELCOME 4 YEARS+

OASIS ACADEMY MAYFIELD
SATURDAYS 09.30-10.30

We specialise in teaching traditional Karate encouraging confidence, respect, discipline, self awareness & agility instilling important values & life skills.

07764 478507

www.sama-southwest.com



Child Protection
in Sport Unit

